

Dr Pulak Sharma

M.B.B.S., M.S.(Ortho), DNB(Ortho), MNAMS(Ortho)
Fellowship in Arthroscopy & Sports Medicine (NUH Singapore)
IOA – Johnson & Johnson Fellow
Gopalakrishnan Fellowship in Arthroscopy & Sports Medicine



Dr Pulak Sharma completed his post graduation(M.S.) in Orthopaedics in 2010 . After post graduation, he completed his Registrarship from the prestigious Safdarjung Hospital , New Delhi . In the year 2013 he was selected for faculty position in Gandhi Medical College, Bhopal , where he worked till 2018 before finally taking up a position in the APEX Trauma Center ,SGPGI ,Lucknow .

Dr Pulak Sharma is an expert in managing Arthroscopy & Sports Injuries . He has been trained for this at some of the most reputed centers in India & Abroad . He is a National AO Faculty. He has over a dozen scientific publications in national and international journals .

Awards & Fellowships:

- 1 UPOA Ghaziabad National Fellowship 2019-20.
- 2 MP- UP Exchange Fellowship 2018
- 3 IAS Gopalakrishnan Fellowship in advanced arthroscopy for the year 2016-17.
- 4 Indian Orthopaedic Association –Singapore Orthopaedic Association (IOA-SOA) Ambassadorship 2016
- 5 IOA Johnson & Johnson Travelling Fellowship 2015-16 .
- 6 Fellowship in Shoulder & Elbow division at NUH ,Singapore Dec 2012-Jan 2013
- 7 Indian Orthopaedic Association certified short term Mentor Fellowship in arthroscopy at Sai Arthroscopy & Sports Medicine Centre , Hyderabad , 2012.
- 8 Lucknow-Pune Fellowship in arthroscopy & arthroplasty for the year 2010-11 Under Ages of UP Orthopaedic Association At Sancheti Institute for Orthopaedics & Rehabilitation ,Pune
- 9 Awarded P.G. Gold Medal for best paper at Annual Conference of U.P. Chapter of Indian Orthopaedic Association 2010
- 10 Awarded K.P.Srivastava Gold Medal For Best paper at *Annual Conference of Indian Foot & Ankle Society- 2009*

Publications:

1. Keshav K, **Sharma P**, Kumar A, Baghel A, Kaustubh K, Huda N, *et al*. Changing practices of delivering orthopedic and coronavirus disease 2019 care: Outcome of a pan India survey. J Bone Joint Dis 2021;36:27-32.
2. Baghel A, Keshav K, Kumar A, et al. (June 01, 2021) Clinicoradiological Outcome of Concomitant Fractures of Proximal Femur and Femoral Shaft

Treated With Second-Generation Cephalomedullary Nailing. *Cureus* 13(6): e15381. DOI 10.7759/cureus.15381

3. Guleria A, Kumar U, Kumar D, et al. NMR-based serum and muscle metabolomics for diagnosis and activity assessment in idiopathic inflammatory myopathies. *Anal Sci Adv.* 2021;1-12. <https://doi.org/10.1002/ansa.202000171>
4. Keshav, K., Kumar, A., Sharma, P. *et al.* How Much has COVID-19 Pandemic Affected Indian Orthopaedic Practice? Results of an Online Survey. *JOJO* 54, 358–367 (2020).
5. Ranjan N, Sharma P, Baghel A, Keshav K, Kumar A. Epidemiology of orthopaedic trauma in the geriatric patients admitted in a tertiary care trauma center in Northern India . *Journal of Bone and Joint Disease* Jan-Apr 2020;35(2) :5-8.
6. Sharma P, Ranjan N. Pathological femoral neck fracture secondary to Ectopic Parathyroid adenoma located in the Mediastinal Aoroto-Pulmonary window : A Rare Case. *Journal of Bone and Joint Diseases* Sep-Dec 2019; 34(3): 41-45.
7. Sharma P, Wasdev A, Ahmed I, Avneesh. Simultaneous Separate Intrameniscal and Parameniscal Cyst of Lateral Meniscus: A Rare Case. *Journal of Bone and Joint Diseases* Jan - Apr 2019;34(1):30-32.
4. Solanki R, Sharma P, Gohiya A. Evaluation of Concomitant Ligamentous Injuries of Knee Joint in Patients with Ipsilateral Femoral Shaft Fractures. *JMSCR* 2018; 6(7):823-30
- 5 Mehta S, Jain T, Sharma P, Gaur S , Verma R. Osteochondroma of lateral clavicle : A rare case report *International Journal of Orthopaedics Sciences* 2018; 4(4): 58-62.
- 6 Sharma P, Verma R, Gaur S. Interobserver reliability of Pirani clubfoot severity scoring between an orthopedic surgeon, a resident doctor, and a nonmedical counsellor at a clubfoot clinic. *Indian J Orthop* 2018; 52 :645- 50.
- 7 Verma R, Sharma P, Gaur S. Augmentation Plating in management of failed femoral nailing. *Injury* 2017;48 S2:S1-S4.
- 8 Shah T, Gohiya A, Rai N, Gupta U, Sharma P, Verma R, Gaur S. Outcome Analysis of dual plating in bicondylar fracture of Tibia. *OrthopJMPC* 2016;22(2):42-46
- 9 Aher D, Sonkar D, Sharma P, Maravi D S. Functional Outcome of Operatively Treated Floating Knee Injuries in Adults. *OrthopJMPC* 2016;22(2):11-15.
- 10 Yadav V, Sharma P, Gohiya A. Functional outcome of intraarticular distal humerus fracture fixation using triceps-sparing paratricipital approach. *Indian J Orthop* 2016;50:595-601
- 11 Sharma P, Yadav V, Verma R, Gohiya A, Gaur S. Comparative Analysis of results between Conventional and Accelerated Ponseti Technique for idiopathic congenital clubfoot. *OrthopJMPC* 2016;22(1):3-7.
- 12 Gohiya A, Choudhari P, Sharma P, Verma R, Sharma S. Plantar Fasciitis Treatment. *OrthopJMPC* 2016;22(1): 31-37
- 13 Sharma P, Verma R, Gohiya A, Gaur S. Evaluation of role of antibiotic cement impregnated intramedullary nail in infected long bone fractures - Letter to editor . *OrthopJMPC* 2016;22(1): 44.
- 14 "A comparative study between conventional and minimally invasive dynamic hip screw fixation in management of intertrochantric femoral fractures". *J Orthop Allied Sci.* April 2016.
- 15 Sharma P, Verma R, Gaur S. Safe corridors for K-wiring in phalangeal fractures. *Indian J Orthop* [serial online] 2016 [cited 2020 Feb 12];50:108
- 16 Sharma P, Verma R, Gohiya A & Gaur S (2015) Analysis of the effectiveness of a non-governmental organization in supporting clubfoot clinic at a tertiary care center. *SICOT J*, 1, 8
- 17 "Impact of Plate Osteosynthesis on functional outcome in displaced midshaft Clavicle fractures: An observational Study." *IJJMR*, May 2015.
- 18 "Intraosseous ganglion of the talus with extension in the subtalar joint". *J Orthop Allied Sci*, June 2014.
- 19 "Triceps Tendon Avulsion , a rare injury" *Ethiop J Health Sci*, Jan 2014.
- 20 Co author of the book titled "**Statistical techniques in clinical research: Basic concepts and application**", *Germany, Lambert Academic Publishing, 2012 (ISBN: 978-3-659-221651).*
- 21 Mishra A, Sharma P, Chaudhary D. Analysis of the functional results of arthroscopic Bankart repair in posttraumatic recurrent anterior dislocations of shoulder. *Indian J Orthop.* 2012;46(6):668–674 .
- 22 Sharma P, Swamy MK. Results of the Max Page muscle sliding operation for the treatment of Volkmann's ischemic contracture of the forearm. *J Orthop Traumatol.* 2012;13(4):189–196.
- 23 Sharma P, Swamy M. Treatment of idiopathic clubfoot by ponseti technique of manipulation and serial plaster casting and its critical evaluation. *Ethiop J Health Sci.* 2012;22(2):77–84.